## MEDICAID PARTICIPANT – DUPLICATION OF IBI, DT, OR RESIDENTIAL HABILITATION WITH PSR SERVICES OR PARTIAL CARE FREQUENTLY ASKED QUESTIONS

| Question  | Answer  |
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| How many people receive duplicate services in Idaho?                      | 691 participants currently receive skill training services that are duplicative: 374 children and 317 adults.   |
| What are skill training services?   | These are services that help participants learn and practice specific tasks at a more independent level. The Developmental Disabilities (DD) Program offers skill training services such as residential habilitation (ResHab), developmental therapy (DT), and intensive behavioral intervention (IBI). The Mental Health (MH) Program offers skill training services such as individual or group psychosocial rehabilitation (PSR), community reintegration and partial care.  |
| Why can't a participant receive a combination of skill training services? | A participant may obtain all of his specific skill training service needs through one program even when he has dual diagnoses. A participant must select which program (DD services or MH services) is the most clinically appropriate and best meets his assessed needs. Even though the participant must select one program over the other for skill training he may still obtain other services from either program as clinically appropriate.   |
| How is partial care and PSR skill training a duplication of services?     | Not only are the two services types of skill training but they are also different levels of care. Level of care refers to how much help the participant needs and may determine his eligibility for programs and services. Partial care and PSR services provide different levels of skill training that are determined by the participant's healthcare needs. Partial care is a higher level of care than PSR as it provides skill training interventions intended to help a participant stabilize and remain in his current residential setting. PSR provides skill training interventions intended for a participant to improve functioning and allow him to live more independently in his community. For additional questions about this, you can contact burtc@dhw.idaho.gov. |

| Question   | Answer   |
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| If a participant receives skill<br>training services from a DD<br>program, can he also get<br>partial care or PSR services?                            | No. If a participant is eligible to receive both DD and MH skill training services, he must decide on the one skill training service (DD program or MH program) that is the most clinically appropriate and best meets his assessed need.  |
| If a participant receives skill training services from a DD program, can he also get community reintegration services through a PSR program?           | No. Community reintegration is a skill supportive service and a participant can only receive skill training services through one type of skill training program. If a participant receives skill training from the DD program and needs additional supportive type services, the DD benefit must be the option selected because this is the specialized service designed to address the specific needs of a participant diagnosed with a developmental disability.   |
| If a participant receives skill training services from a partial care program, can he also get community reintegration services through a PSR program? | No. Since community reintegration (described at IDAPA 16.03.10.116.01.b.) is specifically intended as part of the array of PSR rehabilitative services, a participant who receives services at this level of care no longer needs the higher level of care that partial care provides.   |
| Which combinations of services are considered duplicative?   | After January 1, 2011, participants won't be able to receive the services listed below in combination with one another. Participants must choose to get their skill training services addressed by either the DD program or the MH program. Skill training services must be obtained, based on program eligibility, from only one program. Participants utilizing developmental disability services will continue to receive their DD services and not PSR or partial care, unless they otherwise inform the Department. These changes are in addition to any other rule requirements addressing each service. |
|  | <ul> <li>DT can't occur together with PSR services or partial care</li> <li>IBI can't occur together with PSR services or partial care</li> <li>ResHab (supported living or DD certified family home) can't occur together with PSR services or partial care</li> <li>Partial care and PSR services can't occur together: participants qualify for either partial care or PSR services.</li> </ul>   |

| Question   | Answer   |
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| Can a participant switch to a mental health provider if he is unsatisfied with the developmental disabilities provider he started skill training with? | Yes, if the participant's needs indicate the medical necessity for mental health services, the participant should enroll in mental health services. The participant must understand that if he obtains skill training services through a mental health provider he can't get any type of skill training services through the DD program. Additionally, a participant must meet the program eligibility requirements to obtain PSR services or partial care services. |
|  | <ul> <li>The participant who receives DD services should contact any of his providers<br/>to document his choice of DD or MH skill training services. A participant or<br/>participant's guardian can also contact the department by email if he needs<br/>help at <a href="mailto:DDBenefits@dhw.idaho.gov">DDBenefits@dhw.idaho.gov</a>.</li> </ul>  |
| What benefits can participants access if they need skill training and mental health counseling or therapy?   | Participants who are receiving MH or DD skill training services can also access psychotherapy and pharmacological services through a mental health clinic as part of their basic Medicaid benefits.  |
| Will this change affect the child who has skill training services identified on his individualized education plan at school?                           | This change will not necessarily require a change to a child's individualized education plan since schools provide the full array of services children need to be able to meet their educational goals. Eliminating duplicate skill training services is intended to ensure these services are provided to participants using the most appropriate program to meet their identified needs.   |
| Does eliminating duplication of skill training services affect everyone who lives in a certified family home?  | No. The policy only affects individuals in certified family homes who are on the DD waiver and receiving residential habilitation services. Certified family home providers who are providing residential habilitation services to individuals are responsible to provide skill training services as part of the service. Residents of certified family homes who are not on the DD waiver do not receive residential habilitation.                                  |